



# RMHC of Oregon & Southwest Washington

*Keeping families close for more than 30 years.*

RONALD MCDONALD  
HOUSE CHARITIES  
OREGON &  
SOUTHWEST WASHINGTON

Every year, thousands of families travel to Portland to get the best medical care possible for their seriously ill or injured child. And for more than 30 years, our Ronald McDonald Houses® have offered these families comfort, support and a beautiful place to stay just moments away from their child’s bedside. Last year **1,763 families** including **2,892 children** stayed at our two Portland Houses. And since opening our doors, we have provided a “home away from home” for more than **34,000 families**.

## WHAT IS A RONALD MCDONALD HOUSE?

Many families travel far from home and spend several weeks or months to get treatment for their seriously ill or injured children. A Ronald McDonald House is a loving “home away from home” where families can stay close by their hospitalized child at no cost.

## HOW CAN YOU HELP?

There are many ways you can help your local Ronald McDonald House. We are always looking for people to donate their time and talent. Whether it’s cooking meals for our families, leading arts & crafts classes or providing administrative support, we would love your help! We also have a “RMHC Wishlist” and are always in need of items to stock our shelves, such as baking soda for our kitchens, individual shampoo for our guest rooms and toys for our children. Financial donations are also always welcome.

## ABOUT US

- We provide housing for up to **50 families** a night at our two Portland-based Houses.
- Volunteers cook, clean and provide activities, so families can focus on what’s important – the care of their child.
- Families stay an average of **10 days** at our Houses and come from across the state, the country and the world.
- All guests have a private room, plus access to common spaces, such as libraries, play rooms and communal kitchens.
- It costs **\$150** to operate a room per night, but for guests, it’s **\$0**. This is possible because of the generosity of local donors, families and community partners.



To learn more, visit [rmhcoregon.org](http://rmhcoregon.org).